

# ARE YOU IN?: *Group Discussion Guide*

## big idea

Are You In is much more than a single snapshot, a results graph, or a moment in time. It's a community journey and movement toward being active and totally invested in the Christ following life. During this discussion the goal is for each member to discuss through his/her results, identify their "highs" and "lows," and commit to taking a next step. There is great potential for support and growth as a group. The more vulnerable and open your group can be, the more your group will connect and commit to this journey.

## gather

*Your group getting to know each other*

- Make sure everyone has taken the snapshot. If anyone needs to take it, create space at this time for them to take it.
- Have someone open in prayer. As you do, pause for a few minutes of silence and then pray out loud.

## grow

*Your group growing as a Christ follower*

- Have everyone access their results and familiarize themselves with their results.
- What did you discover as you looked through your personal snapshot results?
- How many of you were highest in: Fearless Church? Christ-Follower? Ridiculous Love? Dangerous Witness?
- How many of you were lowest in: Fearless Church? Christ-Follower? Ridiculous Love? Dangerous Witness?
- Spend some time sharing the response you received for your high and low area.
- All too often we focus on our lows, however, one of the main goals for this snapshot is to encourage each of us to embrace our highs. How can you continue to accentuate this strength?
- On the flip side, it is helpful to know areas of growth. As you look at your "low," what possible commitments will help you grow in this area?
- Considering your results, what is your next step?

# give

## *Your group serving each other*

- Introduce the group results. As a reminder, this is a culmination of the individual results in your group. Read aloud the group “high” and “low” and the corresponding responses.
- Do the group results surprise you?
- What can we discover from our group results?
- What are possible next steps and commitments for us as a group?
- As a group formulate ongoing encouragement and accountability surrounding and individual and group commitments, and next steps.

# go

## *Your group impacting the world around you*

- How will your individual and group next steps impact the world around you?
- How does the purpose of your group change over the next 6 months?

## **Commitment Examples:**

### **INDIVIDUAL Commitment Examples**

#### **Fearless Church Commitments**

- Increase Sunday worship service participation one more time a month
- Increase both attendance and participation in your small group
- Take on a new serving or leadership role within your small group or in an Eastview ministry

#### **Christ Follower Commitments**

- Commit to a daily time in the Word
- Practice one new holy habit for a week
- Find someone willing to disciple you or choose to disciple someone else

#### **Ridiculous Love Commitments**

- Find one person each week in your neighborhood or community and do a random act of kindness
- Quit something that takes up time and fill that space serving with a local outreach partner or at Eastview Christian Church
- Sell one your prized possessions and use all the money to bless someone

#### **Dangerous Witness Commitments**

- Prayer walk your neighborhood
- Share your story with someone one time a week/month
- Go on a short-term missions trip to one of our global partners

### **GROUP Commitment Examples**

#### **Fearless Church Commitments**

- Over the next month we will invite (insert #) people to our group.
- As a group we will commit to reading Scripture daily for the next month

#### **Christ Follower Commitments**

- As a group we will practice the holy habit of prayer and create opportunities for every group member to feel comfortable praying
- We commit to initiating discipleship relationships outside of small group time

#### **Ridiculous Love Commitments**

- Commit to serving together as a group once a season (Imagine, The Serve Project, Food Pantry)
- The group will find a family in need and choose to “adopt” and meet tangible needs

#### **Dangerous Witness Commitments**

- We commit to one member sharing their faith story to the group each time we gather. Then we commit to sharing our stories with someone around us
- We will prayer walk the neighborhood our small group gathers in once a month